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KEY=MI - GLOVER CHURCH

Io mi svezzo da solo! Dialoghi sullo svezzamento

Io mi svezzo da solo!

Dialoghi sullo svezzamento

bonomi editore Il libro più venduto sullo svezzamento Viene proposta in maniera pratica, discorsiva e sul filo dell'ironia una rivoluzionaria revisione del concetto di svezzamento basata sulla qualità della relazione affettiva e sulla libertà di scelte gastronomiche della famiglia, nei limiti ampi imposti dalle attuali conoscenze scientifiche. In questa vera e propria "rivoluzione copernicana", come qualcuno l'ha definita, è il bambino ad essere al centro del sistema, non i genitori o il pediatra. Come nell'allattamento al seno, è lui che guida i genitori, e ciò significa: niente più conflitti durante i pasti; migliore alimentazione, risparmio di tempo e denaro; scomparsa dei disturbi alimentari. "Testo davvero utile per un genitore. Dovrebbero leggerlo tutti i genitori. (Recensione) L'AUTORE: Lucio Piermarini è nato a Terni nel 1947. Dopo aver lavorato come pediatra ospedaliero, per circa vent'anni si è occupato di formazione delle future mamme nell'ambito dei corsi di preparazione alla nascita presso il Consultorio Città Giardino di Terni. Tutti i giorni pedala per un'ora e ha una passione per la buona cucina umbra. Nel 2009 ha pubblicato per Bonomi il libro "Io mi svezzo da solo, dialoghi sullo svezzamento."

Allattamento per tutte

Strumenti, verità e miti da sfatare

IL CASTELLO SRL Un libro da tenere sul comodino già in gravidanza e da consultare poi giorno per giorno per accompagnare l'esperienza dell'allattamento. Ricco di informazioni basate sulle più aggiornate evidenze scientifiche, fornisce alle neomamme gli strumenti indispensabili per interpretare i segnali del proprio corpo e quelli del bambino. Come avviare al meglio la lattazione? In che modo capire se il piccolo si nutre a sufficienza? Quali accorgimenti adottare per aumentare la produzione di latte? Come spremerlo, conservarlo e somministrarlo anche quando la mamma non c'è? L'autrice risponde a questi classici interrogativi e ai tanti dubbi quotidiani di chi allatta (dieta, posizioni, cura del seno...), offrendo inoltre le chiavi per riconoscere i primi sintomi delle patologie e dei disturbi connessi all'allattamento. Una lettura facilitata da immagini e suggerimenti pratici, un tesoretto di miti sfatati che restituisce ai genitori il loro ruolo di massimi esperti del bambino. E al tempo stesso una guida che si pone come prezioso riferimento per tutte le figure sanitarie impegnate nell'assistenza alla maternità e alla prima infanzia.

Ascoltami

Genitorialità ad alto contatto e disciplina dolce

Il Leone Verde Che cosa significa maternità ad alto contatto? Come si traduce questo approccio nella relazione quotidiana con il bambino e quali sono i suoi vantaggi? Partendo dalla sua esperienza personale, l'autrice tocca tutti i temi fondamentali della vita con il bimbo piccolo, rifacendosi alle più recenti ricerche scientifiche, secondo cui l'allattamento, il babywearing, il cosleeping (o bedsharing) e la disciplina dolce, sono tutte pratiche a favore di una crescita serena dei bambini e di una soddisfacente genitorialità. Il libro, che si propone come una sorta di racconto da mamma a mamma, è scritto con un linguaggio semplice e lineare; accurate bibliografia e sitografia corredano il testo, fornendo consigli di lettura e contatti utili per i genitori che vogliono approfondire le tematiche sviluppate.

Essere a dieta

Regimi alimentari e stili di vita

Mimesis Mettersi a dieta, si sa, viene dopo le abbuffate. I piaceri chiamano i sensi di colpa. Gli eccessi richiedono assetti misurati. La dieta, per definizione, viene sempre dopo qualcosa, a cui solitamente si oppone. Ma la dieta è molto di più: comprende interi modi di vivere e regolare, scegliere e organizzare, contemporaneamente, cibi e tempi, modi di cucinare e spazi del convivio, materie prime e strumenti da cucina, menù quotidiani e relazioni familiari, liste di alimenti permessi e modelli di corpo, azioni individuali a tavola e scelte collettive in società. Essere a dieta non vuol dire solo stare in un restrittivo e temporaneo regime dimagrante, ma regolare la propria vita nella sua interezza, andando oltre il campo alimentare.

L'Allenalingua. Storie e favole per allenare le competenze articolatorie e deglutitorie

Lulu.com L'Allenalingua è un libro scritto da una logopedista che ha sentito la necessità di produrre del materiale informativo per genitori e divertente per i bambini che si trovano a dover intraprendere il percorso logopedico a causa di disfunzioni muscolari oro-facciali, di difficoltà prassiche riguardanti i distretti buccolinguali o per alterazioni degli aspetti fonetico-linguistici. Il libro vuole essere inoltre una risorsa ludico-terapeutica per tutti quei logopedisti che trattano le disfunzioni muscolari oro-facciali e che vogliono motivare il bambino con giochi e favole. Il personaggio principale delle nove favole disegnate nel libro è "Lingua" con il quale il bambino potrà identificarsi e crescere insieme durante il percorso terapeutico. Guarda l'anteprima del libro per conoscere gli argomenti trattati.

Мой ребёнок ест сам. Прикорм с удовольствием

Litres Пора вводить прикорм ребенку, а вы в ужасе от того, что станете надолго заложницей кашек и пюрешек? Наученные горьким опытом со старшим, твердо решили больше не устраивать театральные представления с целью накормить младшего? Или с нетерпением ждете прикорма, в надежде, что ваш малыш станет таким же гурманом, как и вы? В этой книге вы узнаете всё о самоприкорме, методе введения прикорма, при котором ребенок с самого начала начинает питаться самостоятельно с общего семейного стола. Этот подход уже более десяти лет практикуется в Великобритании (где рекомендован министерством здравоохранения), США, Канаде, Новой Зеландии и многих странах Европы. Здесь вы не найдете устаревших схем и таблиц по введению монопродуктов. Вы обретете современные знания,

подтвержденные научными исследованиями. Получите проверенные и четкие инструкции, которые гарантируют вам успешное введение прикорма. Кардинально измените ваш взгляд на питание детей. Автор книги – Полина Казиминова – детский нутрициолог, последовательница Джилл Рэпли – доктора наук, впервые описавшего этот метод в 2008 году в своей книге Baby-Led Weaning. Полина живет в Италии, мама двоих детей. Она успешно ввела прикорм своей младшей дочери методом самоприкорма. Автор многочисленных статей о проблемах детского питания, создательница обучающего курса по самоприкорму, основательница и автор проекта «Прикорм с удовольствием». После прочтения книги вы поймете, как ввести прикорм малышу с наибольшей пользой для него и наименьшими затратами для семьи. Экспертные мнения педиатров, аллергологов и других специалистов развеют любые сомнения. В формате PDF A4 сохранен издательский макет.

Sotto il camice niente

bonomi editore La verità sulla pediatria in Italia Lucio Piermarini, dopo il successo di "Io mi svezzo da solo", torna a parlare con noi genitori dei nostri bambini facendo il punto sulla situazione della pediatria in Italia. Questo libro prova a far chiarezza dall'interno del sistema, fornendo informazioni di prima mano, derivanti direttamente dall'esperienza professionale dell'autore, e sollecitando la partecipazione concreta dei lettori. L'obiettivo è far comprendere quale inestimabile patrimonio nazionale sia l'attuale Servizio Sanitario e il ruolo dei suoi protagonisti, cioè cittadini, medici e politici, nella genesi dei suoi difetti e nella loro possibile eliminazione sulla base delle soluzioni offerte dalla ricerca. Castigando i "cattivi costumi" si vuole far tesoro delle esperienze, imparare dagli errori per capire cosa ciascuno di noi può fare per la salute propria e per quella degli altri. Il tutto con passione e autoironia, sulla falsariga di dialoghi e brevi racconti di satira del mondo pediatrico, popolato di personaggi che non farete fatica a riconoscere. "L'autore ci accompagna nei meandri del Servizio Sanitario Nazionale e con l'ironia (anche autoironia, dote ormai rara!) e la competenza che lo contraddistinguono ci svela i meccanismi, spesso distorti, di un settore che ci riguarda tutti. Attenzione particolare, per competenza dell'autore, ai settori che riguardano i bambini (dalla nascita alla crescita), ma alcuni concetti estesi o estensibili a tutto il SSN. Consigliato a chi vuol essere un "utente" consapevole della sanità pubblica." (Recensione)

L'AUTORE: Lucio Piermarini è nato a Terni nel 1947. Dopo aver lavorato come pediatra ospedaliero, per circa vent'anni si è occupato di formazione delle future mamme nell'ambito dei corsi di preparazione alla nascita presso il Consultorio Città Giardino di Terni. Tutti i giorni pedala per un'ora e ha una passione per la buona cucina umbra. Nel 2009 ha pubblicato per Bonomi il libro "Io mi svezzo da solo, dialoghi sullo svezzamento."

Einstein and the Time Machine

Flashes of Genius Albert Einstein wasn't afraid to think for himself. And as a young man, he had little choice--after barely passing his final exams in college, he couldn't find a job in physics and had to take a job reviewing inventors' patent applications at an office in Bern, Switzerland. But in his free time he wrote papers with fantastical theories. That light is both a wave and a particle. That matter can become energy, and energy can become matter. That space can "bend" and time is relative. Other scientists ignored him at first, but in time would realize he was absolutely correct about nearly everything, and it turned the world of physics upside down. Einstein and the Time Machine is a fast-paced, entertaining biography of the greatest thinkers of the twentieth century. In addition to its lively story, it includes 190 illustrations, a glossary, and sidebars covering related topics, from time travel to the Nobel Prize to the origin of the universe--the Big Bang.

The House in the Tree

Alma Books All children dream of having a secret house where they can live on their own, far from any rules and regulations. But not all of them are as lucky as Aglaia, who lives at the top of a magical tree together with her friend Bianca and an incredible host of flying dogs, talking cats, carnivorous flowers and children who speak in verse. Inventively illustrated by Quentin Blake, Aglaia's adventures - and her battles with the gruff Signor Brullo and the woodmen who want to cut down the tree - are sure to enchant and inspire the imagination of every child.

Baby-Led Weaning

The Essential Guide to Introducing Solid Foods—and Helping Your Baby to Grow Up a Happy and Confident Eater

The Experiment The Natural, No-Fuss, No-Purée Method for Starting Your Baby on Solid Foods “[Baby-Led Weaning] makes life so much easier.” —The Times, London Baby-Led Weaning explodes the myth that babies need to be spoon-fed and shows why self-feeding from the start of the weaning process is the healthiest way for your child to develop. With baby-led weaning (BLW, for short), you can skip purées and make the transition to solid food by following your baby's cues. At about six months, most babies are ready to join the family at the kitchen table and discover food for themselves. Baby-Led Weaning is the definitive guide to this crucial period in your

child's development, and shows you how to help your baby: Participate in family meals right from the start Experiment with food at his or her own pace Develop new abilities, including hand-eye coordination and chewing Learn to love a variety of foods and to enjoy mealtimes Baby-led weaning became a parenting phenomenon in the UK practically overnight, inspiring a fast-growing and now international online community of parents who practice baby-led weaning—with blogs and pictures to prove it! In *Baby-Led Weaning*, world-leading BLW authority Gill Rapley and early BLW practitioner and coauthor Tracey Murkett deliver everything you need to know about raising healthy, confident eaters.

Secrets of the Baby Whisperer for Toddlers

Ballantine Books Unnerved by the ceaseless demands of your toddler? Concerned that your two-year-old isn't developing on schedule? You clearly need to spend some time with Tracy Hogg. Nicknamed the "baby whisperer" by grateful parents because of her extraordinary gift for understanding and connecting with children, Tracy became internationally famous after the smashing success of her *New York Times* bestseller *Secrets of the Baby Whisperer*. Now Tracy is back with the same winning blend of common sense, uncanny intuition, and results-getting guidance in her new book, *Secrets of the Baby Whisperer for Toddlers*. Yes, the toddler years have their stresses and challenges for both parents and children—but with Tracy at your side, you'll find that this can also be the most fascinating and rewarding stretch of parenthood. As in her hugely popular first book, Tracy brings her vast experience to bear on the issues and dilemmas with which all parents grapple during toddlerhood. Starting with the simple but essential premise that there is no such thing as a "typical" child, Tracy guides you through her unique programs, including: • H.E.L.P. (Hold back, Explain, Limit, Praise): the mantra that will remind you of the four elements that are critical to fostering your child's growth and independence. • Using T.L.C. (Talk, Listen, Clarify) to communicate with your toddler, to figure out what she is really thinking, and to best help her express herself. • R&R: the Routines and Rituals that give structure and predictability to daily life and a sense of continuity to holidays and special occasions. • Rehearsals for Change: ways of preparing your toddler for new experiences by encouraging her to practice her skills in the safe, controlled setting of your family. • Conscious Discipline: a way of teaching your toddler how to behave and manage his emotions, while being mindful of the lessons you teach with your own behavior. Tracy knows that your child is special—a one-of-a-kind individual with her own gifts and needs—and she has dedicated this marvelous new book to helping you appreciate and respect your child's uniqueness. Whether it's making new friends, mastering potty training, or eating at the family dinner table, your child will do it in her own way and at his own pace. With Tracy as your guide, you can share in the achievements of toddlerhood every step of the way. Practical, reassuring, and written with wit and energy and boundless enthusiasm for real children and their everyday behavior, this book will be your constant companion during the magical, challenging toddler years.

The Danish Way of Parenting

What the Happiest People in the World Know About Raising Confident, Capable Kids

Penguin International bestseller As seen in The Wall Street Journal--from free play to cozy together time, discover the parenting secrets of the happiest people in the world What makes Denmark the happiest country in the world--and how do Danish parents raise happy, confident, successful kids, year after year? This upbeat and practical book presents six essential principles, which spell out P-A-R-E-N-T: Play is essential for development and well-being. Authenticity fosters trust and an "inner compass." Reframing helps kids cope with setbacks and look on the bright side. Empathy allows us to act with kindness toward others. No ultimatums means no power struggles, lines in the sand, or resentment. Togetherness is a way to celebrate family time, on special occasions and every day. The Danes call this hygge--and it's a fun, cozy way to foster closeness. Preparing meals together, playing favorite games, and sharing other family traditions are all hygge. (Cell phones, bickering, and complaining are not!) With illuminating examples and simple yet powerful advice, The Danish Way of Parenting will help parents from all walks of life raise the happiest, most well-adjusted kids in the world.

Love Me, Feed Me

The Adoptive Parent's Guide to Ending the Worry about Weight, Picky Eating, Power Struggles and More

"Grounded in science and made real with the often heartbreaking and inspiring words of parents who have been there, Dr. Rowell helps readers understand and overcome feeding challenges, from simple picky eating to entrenched food obsession, oral motor and developmental delays, "feeding clinic failures," and more" --Cover, p. 4.

Active Birth

The author is a childbirth educator and the founder of the International Active Birth Movement. This practical and compassionate handbook is designed to help women prepare for active childbirth.

The Mother's Hands: Desire, Fantasy and the Inheritance of the Maternal

John Wiley & Sons In this book the bestselling author and psychoanalyst Massimo Recalcati offers a fundamental re-examination of what 'being a mother' means today, in a world where new social and sexual freedoms mean that motherhood is no longer the sole destiny of women. Questioning the belief that a mother's love is natural and unconditional, he paints a more complex and troubling picture of the mother-child relationship, observing that mothers may even resent their children as a result of unresolved conflicts between different dimensions of love. The mother's hands not only nurture but can also potentially harm. Recalcati argues that it is precisely in these competing demands that motherhood fulfils its function: only if the mother is 'not-all-mother' can a child experience the absence that enables it to access the symbolic and cultural world. Recalcati cuts through conventional wisdom to offer a fresh perspective on the changing nature of motherhood today. An international bestseller, this book will appeal to a wide general readership, as well as to students and scholars of gender studies, psychoanalysis and related disciplines.

Secrets of the Baby Whisperer

Ballantine Books "TRACY HOGG HAS GIVEN PARENTS A GREAT GIFT-the ability to develop early insight into their child's temperament." -Los Angeles Family When Tracy Hogg's Secrets of the Baby Whisperer was first published, it soared onto bestseller lists across the country. Parents everywhere became "whisperers" to their newborns, amazed that they could actually communicate with their baby within weeks of their child's birth. Tracy gave parents what for some amounted to a miracle: the ability to understand their baby's every coo and cry so that they could tell immediately if the baby was hungry, tired, in real distress, or just in need of a little TLC. Tracy also dispelled the insidious myth that parents must go sleepless for the first year of a baby's life-because a happy baby sleeps through the night. Now you too can benefit from Tracy's more than twenty years' experience. In this groundbreaking book, she shares simple, accessible programs in which you will learn: • E.A.S.Y.-how to get baby to eat, play, and sleep on a schedule that will make every member of the household's life easier and happier. • S.L.O.W.-how to interpret what your baby is trying to tell you (so you don't try to feed him when he really wants a nap). • How to identify which type of baby yours is-Angel, Textbook, Touchy,

Spirited, or Grumpy—and then learn the best way to interact with that type. • Tracy's Three Day Magic—how to change any and all bad habits (yours and the baby's) in just three days. At the heart of Tracy's simple but profound message: treat the baby as you would like to be treated yourself. Reassuring, down-to-earth, and often flying in the face of conventional wisdom, Secrets of the Baby Whisperer promises parents not only a healthier, happier baby but a more relaxed and happy household as well.

The Baby Owner's Manual

Operating Instructions, Trouble-Shooting Tips, and Advice on First-Year Maintenance

Quirk Books At Last! A Beginner's Guide to Newborn Baby Technology You've programmed your DVR, you've installed a wireless Internet connection, you can even check Facebook on your cell phone. But none of this experience will prepare you for the world's biggest technological marvel: a newborn baby. Through step-by-step instructions and helpful schematic diagrams, The Baby Owner's Manual explores hundreds of frequently asked questions: What's the best way to swaddle a baby? How can I make my newborn sleep through the night? When should I bring the baby to a doctor for servicing? Whatever your concerns, you'll find the answers here—courtesy of celebrated pediatrician Dr. Louis Borgenicht and his son, Joe Borgenicht. Together, they provide plenty of useful advice for anyone who wants to learn the basics of childcare.

Civiltà Villanoviana ed Etrusca

Lulu.com

The Luneburg Variation

A Novel

Farrar, Straus and Giroux "Not since White Knights of Reykjavik, George Steiner's riveting account of the 1972 world championship match between Boris Spassky and Bobby Fischer, has a writer demonstrated such stunning insight into the nurturing madness that compels chess play at the master level." - Publishers Weekly At the opening of this amazing fiction from Paolo Maurensig, The Luneburg Variation, a cadaver is discovered, the body of a wealthy businessman from Vienna, apparently a suicide without plausible motivation. Next to the body is a chessboard made of rags with buttons for pieces whose positions on the board may hold the only clue. As the plot of this passionately colored, coolly controlled thriller unfolds, we meet two chess

players—one a clever, persecuted Jew, the other a ruthless, persecuting German—who have faced each other many times before and played for stakes that are nothing less than life itself.

Ultimate Speed Secrets

The Complete Guide to High-Performance and Race Driving

Motorbooks Performance and racing drivers constantly seek ways to sharpen their skills and lower their lap times. Ultimate Speed Secrets is the indispensable tool to help make you faster, whatever your driving goals. Professional race driver and coach Ross Bentley has raced everything from Indycars to World Sports Cars to production sedans, on ovals, road courses, and street circuits around the world. His proven high-performance driving techniques benefit novice drivers as well as professional racers. Ultimate Speed Secrets covers everything you need to know to maximize your potential and your car: Choosing the correct line Overtaking maneuvers Adapting to new tracks and cars The mental game and dealing with adversity Finding (and keeping) a sponsor. The pages are filled with specially commissioned color diagrams to illustrate the concepts described. Whether you are a track-day novice or a seasoned professional, Ultimate Speed Secrets will arm you with practical information to lower your lap times and help you get the best out of your vehicle—and yourself. It's the ultimate high-performance driving tutorial!

Kiss Me

How to Raise your Children with Love

Pinter & Martin How we parent our children is at the heart of our relationships with them - and Dr Carlos Gonzalez, a renowned Spanish paediatrician and father, believes that our children deserve all the love we can give them. If we reject the routines and excessive discipline promoted by self-styled childcare experts, and instead parent with love, respect and freedom, we can allow our children to grow and thrive both physically and emotionally. A bestseller in Spain, Kiss Me encourages parents to see the good in their children and nurture it carefully, forging warm and rewarding family relationships. With discussions of how to handle common parenting issues including sleep, rewards and punishment and carving out quality time with our children, this warm and reassuring book is hugely valuable for parents in today's world.

It's OK Not to Share and Other Renegade Rules for Raising Competent and Compassionate Kids

Penguin Parenting can be such an overwhelming job that it's easy to lose track of where you stand on some of the more controversial subjects at the playground (What if my kid likes to rough house—isn't this ok as long as no one gets hurt? And what if my kid just doesn't feel like sharing?). In this inspiring and enlightening book, Heather Shumaker describes her quest to nail down "the rules" to raising smart, sensitive, and self-sufficient kids. Drawing on her own experiences as the mother of two small children, as well as on the work of child psychologists, pediatricians, educators and so on, in this book Shumaker gets to the heart of the matter on a host of important questions. Hint: many of the rules aren't what you think they are! The "rules" in this book focus on the toddler and preschool years—an important time for laying the foundation for competent and compassionate older kids and then adults. Here are a few of the rules: • It's OK if it's not hurting people or property • Bombs, guns and bad guys allowed. • Boys can wear tutus. • Pictures don't have to be pretty. • Paint off the paper! • Sex ed starts in preschool • Kids don't have to say "Sorry." • Love your kid's lies. IT'S OK NOT TO SHARE is an essential resource for any parent hoping to avoid PLAYDATEGATE (i.e. your child's behavior in a social interaction with another child clearly doesn't meet with another parent's approval)!

The Skinny Gut Diet

Balance Your Digestive System for Permanent Weight Loss

Harmony "A breakthrough diet book from New York Times bestselling author, PBS icon, and gut expert Brenda Watson, this will be the first weight loss program using the latest scientific information on digestive health and sustainable fitness. An easy, nutritious, and delicious diet"--

Family Whispering

The Baby Whisperer's Commonsense Strategies for Communicating and Connecting with the People You Love and Making Your Whole Family Stronger

Simon and Schuster A Simon & Schuster eBook. Simon & Schuster has a great book for every reader.

YOUR COMPETENT CHILD

Toward a new paradigm in parenting and education

BalboaPress Readers' comments: A Fabulous, Important Book. Jesper Juul provides parents with such an amazing and absolutely vital approach to raising children that it rings true on every page. Some of what he suggests we as parents do is difficult, but all of it is right on about how we can raise confident, healthy, whole humans, right from the start. I was thrilled to have discovered a book that allowed me to see different possibilities with child raising. Anyone with a child will gain immensely from reading this book, seeing themselves in his numerous examples, and learning how to move on from there. I am grateful for this book and highly recommend it. No Parent Should Be Without It. With tremendous wisdom and a warm, pragmatic eye, Mr. Juul helps us redefine the ways we look at a child's behavior and our relationship to our children and ultimately, each other. This is a book that doesn't offer easy answers or 'tricks' to help in the raising of your child. This is a book that helps you see with a child's eye, hear with a child's ear, and feel with a child's heart in ways that feel so natural and obvious, you will wonder why you haven't thought of them before. It is a book that offers day-to-day skills along with the thinking that helps generate them. This groundbreaking book should be on the shelf of all parents everywhere. I cannot recommend it highly enough. If you have children - read this book! This is an amazing book that will surely turn upside down any thoughts you ever had about raising children. Even though you may not agree with all the views in this book, there is so much food for thought and new ideas that you will return to this book again and again for interesting and mind blowing advice.

NST Spinal Integration. Osteopathy for the New Millenium

A Good Enough Parent

A Book on Child-rearing

Vintage Suggests how parents can develop their own insights into child rearing, how to comprehend the children's behavior, and how to cope with situations in ways most beneficial to the child's well-being

The Child's Brain Explained to Parents

During the first six years of life the child's brain has a potential that will never have again. This does not mean that we should try to turn children into little geniuses, because besides being impossible, a brain developed under pressure is likely to miss a great part of its essence. This book is a practical manual that summarizes the knowledge that neuroscience provides to parents and educators, so that they can help children to achieve full intellectual and emotional development.

Angry Chef

Touchpoints

Your Child's Emotional and Behavioral Development

Introduction to the Semiotics of the Text

De Gruyter Mouton This books aims to demonstrate how semiotic models of textual analysis can be used to study any social reality or cultural process. In addition, it shows how semiotic models work by using examples from everyday life and social praxis, communicative

The Birth Of A Mother

How The Motherhood Experience Changes You Forever

Basic Books As you prepare to become a mother, you face an experience unlike any other in your life. Having a baby will redirect your preferences and pleasures and, most likely, will realign some of your values. As you undergo this unique psychological transformation, you will be guided by new hopes, fears, and priorities. In a most startling way, having a child will influence all of your closest relationships and redefine your role in your family's history. The charting of this remarkable, new realm is the subject of this compelling book. Renowned psychiatrist Daniel N. Stern has joined forces with pediatrician and child psychiatrist Nadia Bruschiweiler-Stern and journalist Alison Freeland to paint a wonderfully evocative picture of the psychology of motherhood. At the heart of *The Birth of a Mother* is an arresting premise: Just as a baby develops physically in utero and after birth, so a mother is born psychologically in the many months that precede and follow the birth of her baby. The recognition of this inner transformation emerges from hundreds of interviews with new mothers and decades of clinical experience. Filled with revealing case studies and personal comments from women who have shared this experience, this book will serve as an invaluable sourcebook for new mothers, validating the often confusing emotions that accompany the development of this new identity. In addition to providing insight into the unique state of motherhood, the authors touch on related topics such as going back to work, fatherhood, adoption, and premature birth. During pregnancy, mothers-to-be talk about morning sickness and their changing bodies, and new mothers talk about their exhaustion, the benefits of nursing or bottle-feeding, and the dilemma of whether or when they should return to work. And yet, they can be strangely mute about the dramatic and often overwhelming changes going on in their inner lives. Finally, with *The Birth of a Mother*, these powerful feelings are eloquently put into words.

The Farmer and the Obstetrician

Free Assn Books In his new book Michel Odent shows how farming and childbirth have been industrialized side by side during the 20th century - with dramatic and disturbing consequences. The similarities are striking. In both cases innovations have been presented as the long awaited solution to an old problem: the advent of powerful synthetic insecticides has, overnight, dramatically reduced the costs and increased agricultural productivity; the advent of the modern safe technique of caesarean section has offered serious new reasons to create gigantic obstetrical departments. In both spheres a small number of skeptics voiced doubts and fears concerning the negative long-term consequences of the widespread use of novel, little tested practices; although these repeated warnings initially went unheeded,

they have motivated the development of "alternative" approaches and movements. At the turn of the new century the history of industrialized farming has suddenly speeded up. A collective global awareness has been sparked by a series of disasters, particularly "mad cow" and foot and mouth diseases. Industrialized childbirth has not yet reached the same phase of its history, but the parallels between these two industries suggest that there is more to link the farmer and the obstetrician than we had all realized..

What to Expect the First Year

Workman Publishing Some things about babies, happily, will never change. They still arrive warm, cuddly, soft, and smelling impossibly sweet. But how moms and dads care for their brand-new bundles of baby joy has changed—and now, so has the new-baby bible. Announcing the completely revised third edition of What to Expect the First Year. With over 10.5 million copies in print, First Year is the world’s best-selling, best-loved guide to the instructions that babies don’t come with, but should. And now, it’s better than ever. Every parent’s must-have/go-to is completely updated. Keeping the trademark month-by-month format that allows parents to take the potentially overwhelming first year one step at a time, First Year is easier-to-read, faster-to-flip-through, and new-family-friendlier than ever—packed with even more practical tips, realistic advice, and relatable, accessible information than before. Illustrations are new, too. Among the changes: Baby care fundamentals—crib and sleep safety, feeding, vitamin supplements—are revised to reflect the most recent guidelines. Breastfeeding gets more coverage, too, from getting started to keeping it going. Hot-button topics and trends are tackled: attachment parenting, sleep training, early potty learning (elimination communication), baby-led weaning, and green parenting (from cloth diapers to non-toxic furniture). An all-new chapter on buying for baby helps parents navigate through today’s dizzying gamut of baby products, nursery items, and gear. Also new: tips on preparing homemade baby food, the latest recommendations on starting solids, research on the impact of screen time (TVs, tablets, apps, computers), and “For Parents” boxes that focus on mom’s and dad’s needs. Throughout, topics are organized more intuitively than ever, for the best user experience possible.

Ecosee

Image, Rhetoric, Nature

SUNY Press Examines the rhetorical role of images in communicating environmental ideas.

The Functions of the Orgasms

The Highways to Transcendence

Pinter & Martin Publishers 'Fetus ejection reflex, 'milk ejection reflex, 'Sperm ejection reflex, 'Orgasmogenic cocktail'... These are examples of terms used by Michel Odent in his study of the ecstatic/orgasmic states associated with different episodes of human sexual life.

Developments in International Law

Vol 18

Politics and Values

Kluwer Law International This volume derives from a series of lectures delivered as the 'general course' at the Hague Academy of International law in July 1989. Like those lectures, this volume does not pretend to provide a complete treatise covering all international law. Rather, it offers a particular perspective on the principal subjects of traditional international law, elaborates new developments, and dares reexamine assumptions and premises. The book is built on three themes. The first addresses law as politics, and international law as the law of a political system, now comprised of more than 180 separate, independent states. The essential autonomy of states accounts for the political (as well as economic and cultural) heterogeneity in a pluralist and fragmented system, and international law as its common denominator of normative expression. A second theme explores change in international law as reflecting change in the values and purposes of the international political system. It traces the pursuit through law of the traditional ideal of the state system to secure every state's right to realize its own agenda through its own institutions, and the superimposed contemporary purpose to promote individual human rights and welfare in every society. The third theme perceives a movement in the law from 'conceptualism' to 'functionalism', from logical deduction out of abstract principles to pragmatic attention to practical needs and solutions to new and old human problems. Each of these themes dominates in several chapters but the other themes are not absent from any of them. Each will add a fresh perspective and contribute to understanding the nature and operation of international law in the international political system at the turn of a new century.

Actress: A Novel

W. W. Norton & Company Longlisted for the 2020 Women's Prize for Fiction One of Time's 100 Must-Read Books of 2020 "A critique, a confession, a love letter—and another brilliant novel from Anne Enright." —Ron Charles, Washington Post Katherine O'Dell is an Irish theater legend. Every moment of her life is a performance, with her daughter, Norah, standing in the wings. With age, alcohol, and dimming stardom, however, Katherine's grip on reality grows fitful. Fueled by a proud and long-

simmering rage, she commits a bizarre crime. As Norah's role gradually changes to Katherine's protector, caregiver, and finally legacy-keeper, she revisits her mother's life of fiercely kept secrets; and Norah confronts in turn the secrets of her own sexual and emotional coming-of-age. With virtuosic storytelling, Actress weaves together two generations of women with difficult sexual histories, touching a raw and timely nerve.

Abstract 2014-15

Columbia Books on Architecture and the City ABSTRACT is the yearly publication of work and research from the Columbia University Graduate School of Architecture Planning and Preservation. Produced through the Office of the Dean Amale Andraos, the archive of student work contains documentation of exceptional projects, selected by faculty at the conclusion of each semester. The 2015 edition includes the applied research of the school's laboratories and projects from design studios taught by Benjamin Aranda, Eric Bunge and Mimi Hoang, Juan Herreros, Steven Holl, Jeffrey Inaba, Andres Jaque, Laura Kurgan, Jing Liu, LOT-EK, Reinhold Martin, Kate Orff, Jorge Otero-Pailos, Hilary Sample, Bernard Tschumi, Nanako Umemoto and many others. This encyclopedic volume is conceived as both an organizational model for the school and a testament to the global distribution of the work included within.