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KEY=GROWING - CHURCH MARSHALL

In My Heart A Book of Feelings [Abrams](#) Celebrate feelings in all their shapes and sizes in this New York Times bestselling picture book from the Growing Hearts series! Happiness, sadness, bravery, anger, shyness . . . our hearts can feel so many feelings! Some make us feel as light as a balloon, others as heavy as an elephant. In My Heart explores a full range of emotions, describing how they feel physically, inside, with language that is lyrical but also direct to empower readers to practice articulating and identifying their own emotions. With whimsical illustrations and an irresistible die-cut heart that extends through each spread, this gorgeously packaged and unique feelings book is sure to become a storytime favorite. In My Heart A Book of Feelings [Harry N. Abrams](#) A young girl explores what different emotions feel like, such as happiness which makes her want to twirl, or sadness which feels as heavy as an elephant. In My Heart [Little Simon](#) A working mother reassures her child that even when they're apart, they're always in each other's hearts. This lovely board book is perfect for moms to share with their little ones. Though we're not together we're never truly apart, because you're always on my mind and you're always in my heart. This is what a mother tells her child as she leaves for work each day. This lovely board book perfectly captures the sentiment that many women feel about being a working mom. The lyrical text takes us through a mother's day away, showing us that although she's working hard, her child is always on her mind and always in her heart. From the Bottom of My Heart Hidden Feelings Surface [Notion Press](#) If you've ever experienced love and all the emotions that it brings in your lifetime, then you've picked up the right book. Love is confusing right? You take one step forward, believing it's right; but the ground crumbles and you realise that it was a wrong decision. What are you supposed to do while standing face to face with love? How do you make the right decisions? What should you do to make love stay? The answers to those questions are definitely not easy to find, because love deals with emotions and that's where everything goes haywire right? Varsha believes that as well. That's why through reading her poetry, which deals with different emotions one can feel when in a state of love, you may get closer to your answer. In this book, Varsha shows that the best way to face love is to be honest with your own self first. Understand yourself, come to peace with yourself, and then you will understand your feelings better and where they take you. Love can be mind-boggling, but that doesn't mean you have to give up - you can start by knowing yourself From the Bottom of Your Heart. There Are No Animals in This Book (Only Feelings) [powerHouse Books](#) Offers a whimsical look at feelings and how they appear, from which animals are expressly forbidden, but show up anyway, in a book illustrated with works from such contemporary artists as Damien Hirst, Jeff Koons, and Takashi Murakami. The Shape of My Heart [Bloomsbury Publishing USA](#) From sunrise to bedtime, a mother shows her child the beauty of shapes found in everyday life. Full color. Tiger Days A Book of Feelings [Compendium Publishing & Communications](#) "From tiger fierce to snail slow, there are lots of ways to feel and be. A walk through the menagerie of Tiger Days helps young readers see all the feelings they have and the ways those feelings change. Through playful rhymes and colorful illustrations, this spirited book gives children new tools to understand the range of their emotions and express themselves to family, teachers, friends, and themselves. Tiger Days was written by M.H. Clark, bestselling author of You Belong Here and Tiny, Perfect Things." What I'm Feeling Is Okay! A Book about Emotions [Beaver's Pond Press](#) Through vibrant illustrations and playful rhymes, follow a little boy through his morning routine--and all the emotions that come with it! Atlas of the Heart Mapping Meaningful Connection and the Language of Human Experience [Random House](#) #1 NEW YORK TIMES BESTSELLER • In her latest book, Brené Brown writes, “If we want to find the way back to ourselves and one another, we need language and the grounded confidence to both tell our stories and be stewards of the stories that we hear. This is the framework for meaningful connection.” In Atlas of the Heart, Brown takes us on a journey through eighty-seven of the emotions and experiences that define what it means to be human. As she maps the necessary skills and an actionable framework for meaningful connection, she gives us the language and tools to access a universe of new choices and second chances—a universe where we can share and steward the stories of our bravest and most heartbreaking moments with one another in a way that builds connection. Over the past two decades, Brown’s extensive research into the experiences that make us who we are has shaped the cultural conversation and helped define what it means to be courageous with our lives. Atlas of the Heart draws on this research, as well as on Brown’s singular skills as a storyteller, to show us how accurately naming an experience doesn’t give the experience more power—it gives us the power of understanding, meaning, and choice. Brown shares, “I want this book to be an atlas for all of us, because I believe that, with an adventurous heart and the right maps, we can travel anywhere and never fear losing ourselves.” You Are My Heart [Sourcebooks, Inc.](#) From the author of If I Could Keep You Little comes an inspiring book that puts into words the joyful love you feel, offering a sweet, magical moment you can share with your child again and again. You Are My Heart is sure to become a new favorite of fans who adore the charming artwork and insightful prose of Marianne Richmond, a beloved bestselling author whose books are swiftly becoming classics. You're my joy beyond joy, a gift from the start. You are my blessing and love — you are my heart. My Feelings and Me [Simon and Schuster](#) Do you know your own feelings? Sometimes, we're happy, so we laugh and shout with glee. Other times, we're angry, and want to rage and roar. It is not easy to deal with our many contradictory emotions. To recognize our own feelings and deal with them responsibly is an important learning process for children, and a trial of limits. This vibrantly and expressively illustrated book invites children to talk about feelings. It takes readers through a range of potential emotions without ever calling them "good" or "bad," allowing children to recognize and examine their own emotional world. All My Treasures A Book of Joy [Abrams Appleseed](#) When a girl receives a beautiful porcelain box from her grandmother, she immediately wants something special to put inside it. But what could it be? What does she love best? She loves jumping in puddles on rainy days, blowing bubbles in the park, and watching her little sister's first steps. As it turns out, life's most precious treasures cannot be contained in a box! With a gentle message about the immateriality of happiness, this story reminds us to take pleasure in everyday moments. The book is beautifully packaged with a sparkly die-cut star on the cover, and flaps throughout reveal hidden surprises. " Words and Your Heart [Feiwel & Friends](#) This book is about your heart (the little bit inside of you that makes you, you!) The words we listen to can affect how we feel. Some words can do amazing things and make us happy. And some words can really hurt us (we all know what sort of words those are). Our words have power, and we can choose to use them to make the world a better place. Simple, direct, and emotive, Words and Your Heart's message is that words have extraordinary power-to harm and to heal, to create and to destroy, and to spread love. The ABC Book of Feelings "This richly decorated picture book celebrates feelings - emotional and physical, joyful and challenging. It invites young children to share their experiences with family, friends and carers. The sensitive, engaging text offers gentle ideas for managing fear, anger, sadness and jealousy"--Publisher's description. Bye-Bye, Fears A Book of Courage [Abrams Appleseed](#) "An older sister explains to her younger sister all the things she used to be afraid of, along with some tricks to help, whether it's a special blanket for bedtime or singing during a storm"-- My Heart Is Heavy A Little Book about Sadness (International Edition) Tiny the Tortoise is having BIG feelings. Read along as Tiny talks about how sadness feels and what you can do if you feel that way. My Heart [Penguin](#) From the author-illustrator of The Book of Mistakes comes a gorgeous picture book about caring for your own heart and living with kindness and empathy. My heart is a window. My heart is a slide. My heart can be closed...or opened up wide. Some days your heart is a puddle or a fence to keep the world out. But some days it is wide open to the love that surrounds you. With lyrical text and breathtaking art, My Heart empowers all readers to listen to the guide within in this ode to love and self-acceptance. In My Room A Book of Creativity and Imagination [Abrams Appleseed](#) "Originally published in French in 2016 under the title Ma petite chambre by aEditions de La Martiniere"--Title page verso. Ugly Love A Novel [Simon and Schuster](#) From Colleen Hoover, the #1 New York Times bestselling author of It Ends With Us, a heart-wrenching love story that proves attraction at first sight can be messy. When Tate Collins meets airline pilot Miles Archer, she doesn't think it's love at first sight. They wouldn't even go so far as to consider themselves friends. The only thing Tate and Miles have in common is an undeniable mutual attraction. Once their desires are out in the open, they realize they have the perfect set-up. He doesn't want love, she doesn't have time for love, so that just leaves the sex. Their arrangement could be surprisingly seamless, as long as Tate can stick to the only two rules Miles has for her. Never ask about the past. Don't expect a future. They think they can handle it, but realize almost immediately they can't handle it at all. Hearts get infiltrated. Promises get broken. Rules get shattered. Love gets ugly. Emotion in the Ocean A Book to Help Children Understand and Express Their Emotions [Createspace Independent Publishing Platform](#) A creative and playful book written by a therapist to help young children understand and express their emotions. Includes a coloring page where children have the opportunity to express their own feelings in an artistic way. Also, includes tips for parents/caregivers to help children manage and express their feelings appropriately. With My Daddy A Book of Love and Family [Abrams Appleseed](#) A young girl describes all of the wonderful feelings she has while spending time with her father, knowing that they love one another no matter what. My Many Colored Days [Knopf Books for Young Readers](#) A board book version of Seuss's popular rhyming story describes each day in terms of a particular color which in turn is associated with specific emotions. The Birds and the Bees and Giraffes That Drink Wee An introduction to the wildly amusing and totally natural world of sex [Boolarong Press](#) Dear grown-ups, let's face it — discussing sex with kids can be a painfully awkward and overly complex experience. Though it needn't be that way, as sex is the most natural thing in the world. For starters, all animals “do it”, and what's so fascinating are all the interesting and comical ways of just how some animals mate. From the downright bizarre (penis fencing worms) to the simply hilarious (hippos firing poo) we hope that by framing human sex in the context of how some other creatures on the planet do it, sex not only becomes a far more approachable and entertaining subject to discuss, but your child will also soon discover that we are the most normal, safe and joyous of the lot! The Boy with Big, Big Feelings [Beaming Books](#) Meet a boy with feelings so big that they glow from his cheeks, spill out of his eyes, and jump up and down on his chest. When a loud truck drives by, he cries. When he hears a joke, he bursts with joy. When his loved ones are having a hard day, he feels their emotions as if they were his own. The boy tries to cope by stuffing down his feelings, but with a little help and artistic inspiration, the boy realizes his feelings are

something to be celebrated. Written by debut picture book author Britney Winn Lee and boldly illustrated by Jacob Souva, *The Boy with Big, Big Feelings* is relatable for any child, but especially for children experiencing anxiety and extreme emotions, or who have been diagnosed with autism or as a Highly Sensitive Person. *Today I Feel . . . An Alphabet of Feelings* [Abrams](#) Beautifully illustrated by Madalena Moniz's subtle watercolors, *Today I Feel . . .* follows a child through a whole range of emotions, from adored to curious to strong. Not all of the emotions are positive and not all of them are simple, but they are all honest and worthy of discussion with a young child. *Land of My Heart* [Bethany House](#) Many were drawn to the Big Sky land of 1860s Montana, but the life awaiting them was difficult and dangerous. *The Seven Principles for Making Marriage Work* [Harmony](#) Drawing on groundbreaking research into the dynamics of healthy relationships, a study of the basic principles that make up a happy, long-lasting marriage shares easy-to-understand, helpful advice on how to cope with such issues as work, children, money, sex, and stress. 35,000 first printing. Tour. *To All the Boys Who Broke My Heart, and Turned My Feelings Into Art. Poems of Unrequited Love* [Createspace Independent Publishing Platform](#) Written over a 16-year period during adolescence into young adulthood, 'to all the boys who broke my heart, and turned my feelings into art' is a collection of poetry about the emotions that love and lust can stir within us as we navigate through first crushes and relationships while trying to figure out who we are. This book is for anyone who has ever felt the cold rejection of caring for someone who doesn't love them back. Let this book serve as a reminder to always love yourself first. *My Heart Fills With Happiness / Nijiikendam* [Orca Book Publishers](#) The sun on your face. The smell of warm bannock baking in the oven. Holding the hand of someone you love. What fills your heart with happiness? This beautiful board book, with illustrations from celebrated artist Julie Flett, serves as a reminder for little ones and adults alike to reflect on and cherish the moments in life that bring us joy. International speaker and award-winning author Monique Gray Smith wrote *My Heart Fills With Happiness* to support the wellness of Indigenous children and families and to encourage young children to reflect on what makes them happy. Orca Book Publishers is proud to offer this picture book as a dual-language (English and Anishinaabemowin) edition. Part of *My Heart* A simple and heartfelt children's book about a baby heart and where it came from. This sweet story is perfect for explaining to preschool children the emotional truth of how a new baby is made and what they mean to the parents. Also makes a charming Valentine's Day or new baby gift. *My Heart and Other Black Holes* [Harper Collins](#) A stunning novel about the transformative power of love, perfect for fans of *13 Reasons Why* by Jay Asher. Sixteen-year-old physics nerd Aysel is obsessed with plotting her own death. With a mother who can barely look at her without wincing, classmates who whisper behind her back, and a father whose violent crime rocked her small town, Aysel is ready to turn her potential energy into nothingness. There's only one problem: she's not sure she has the courage to do it alone. But once she discovers a website with a section called Suicide Partners, Aysel's convinced she's found her solution—Roman, a teenage boy who's haunted by a family tragedy, is looking for a partner. Even though Aysel and Roman have nothing in common, they slowly start to fill in each other's broken lives. But as their suicide pact becomes more concrete, Aysel begins to question whether she really wants to go through with it. Ultimately, she must choose between wanting to die or trying to convince Roman to live so they can discover the potential of their energy together. *The Love Hypothesis* [Penguin](#) Includes an excerpt from *Love on the Brain*. *How Do You Feel? Sad? Silly? Angry?* This simple book helps children and parents talk about feelings, and includes a *Feelings Faces* Poster! With simple, sparse language, and bright, expressive illustrations, Lizzy Rockwell introduces very young readers to a wide range of emotions. Detailed art encourages identification and discussion of the different characters' emotional reactions, and serves as a springboard for discussion on emotional intelligence, self-regulation, and coping skills. The playground is the perfect place to witness lots of different feelings! A girl is happy when playing with a puppy. Another girl is angry when a boy knocks over her drink. And the boy is sorry. Readers will learn to identify feelings in themselves and in others in this simple, but clever book by a prominent preschool nonfiction author-illustrator. Beautiful, detailed spreads show panoramic views of the playground action, while close-ups focus on specific incidents, body language, and facial expressions. The sparse text encourages children to describe the action and tell the story themselves, using context clues in the art and their own understanding of the emotions portrayed. Turn the dust jacket around for a beautiful *Feelings Faces* poster, which collects the emotions portrayed in the book in one long spread! *The Hellbound Heart A Novel* [Harper Collins](#) Frank Cotton's insatiable appetite for the dark pleasures of pain led him to the puzzle of Lemarchand's box, and from there, to a death only a sick-minded soul could invent. But his brother's love-crazed wife, Julia, has discovered a way to bring Frank back—though the price will be bloody and terrible . . . and there will certainly be hell to pay. *A Frenzy of Feelings Book That Helps Your Kids to Recognize Their Emotions* Your kids are experiencing a frenzy of feelings daily, such as: fear, shyness, happiness, frustration, silliness, sadness, anger, and more. This mindful, age-appropriate, and engaging book will help your young children identify their unique emotions as it cleverly and creatively covers relevant feelings. Specifically, the book introduces an adorable plot: One day a girl meets a monster. What do they feel in that moment? Will they become friends?... You'll see how the characters help each other recognize what they're feeling and address their emotions without tantrums and meltdowns. With rhyming texts and warm illustrations, the book allows children to better understand and process what they feel in the exact moment and the reason for that feeling. Together with your child, you'll learn a variety of emotions, practice useful words, and guide your kiddos to master reading, vocabulary, speech, grammar, and other emergent literacy skills while also achieving emotional regulation. In addition, you'll gain the opportunity to speak about what your child is feeling. Set your kiddos' feelings free and let them soar with love, laughter, and literacy today! *Breathing Makes It Better A Book for Sad Days, Mad Days, Glad Days, and All the Feelings In-Between* [Shambhala Publications](#) Winner of the 2019 Moonbeam Children's Mind, Body, Spirit Bronze Medal and a 2020 Mom's Choice Awards® Gold Recipient! An engaging and interactive story showing children ages 3-6 the power of breath when dealing with new and difficult emotions. Read aloud and breathe along with this sweet story teaching children how to navigate powerful emotions like anger, fear, sadness, confusion, anxiety, and loneliness. With rhythmic writing and engaging illustrations, *Breathing Makes It Better* guides children to breathe through their feelings and find calm with recurring cues to stop and take a breath. Simple guided practices, like imagining you are a tree blowing in the wind, follow each story to teach children how to apply mindfulness techniques when they need them the most. *Verity* [Grand Central Publishing](#) New York Times Bestseller USA Today Bestseller The Globe and Mail Bestseller Publishers Weekly Bestseller *Whose truth is the lie? Stay up all night reading the sensational psychological thriller that has readers obsessed, from the #1 New York Times bestselling author of It Ends With Us.* Lowen Ashleigh is a struggling writer on the brink of financial ruin when she accepts the job offer of a lifetime. Jeremy Crawford, husband of bestselling author Verity Crawford, has hired Lowen to complete the remaining books in a successful series his injured wife is unable to finish. Lowen arrives at the Crawford home, ready to sort through years of Verity's notes and outlines, hoping to find enough material to get her started. What Lowen doesn't expect to uncover in the chaotic office is an unfinished autobiography Verity never intended for anyone to read. Page after page of bone-chilling admissions, including Verity's recollection of the night her family was forever altered. Lowen decides to keep the manuscript hidden from Jeremy, knowing its contents could devastate the already grieving father. But as Lowen's feelings for Jeremy begin to intensify, she recognizes all the ways she could benefit if he were to read his wife's words. After all, no matter how devoted Jeremy is to his injured wife, a truth this horrifying would make it impossible for him to continue loving her. *Unbreak My Heart* [Forever](#) *The Colour Monster* One day, Colour Monster wakes up feeling very confused. His emotions are all over the place; he feels angry, happy, calm, sad and scared all at once! To help him, a little girl shows him what each feeling means through colour. A gentle exploration of feelings for young and old alike. *The Way I Feel* [Parenting Press, Inc.](#) Illustrations and rhyming text portray children experiencing a range of emotions, including frustration, shyness, jealousy, and pride.